

## **Boulder Session Schedule April 10 – 12, 2015**

All times are Rocky Mountain Daylight Time

### **Friday**

9:00 – 10:00 Session 1 (Melissa & Roger) Welcome

10:00 – 10:15 Break

10:15 – 11:30 Session 2 (Melissa) Getting medical referrals, Grand Rounds, and the medical model

11:30 – 12:45 Session 3 (Roger) Setting the Stage – You've got the referral, now what?

12:45 – 2:00 Lunch

2:00 – 3:15 Session 4 (Melissa) Pain control, migraines and secondary gain

3:15 – 3:30 Break

3:30 – 4:45 Session 5 (Roger) Stress, Anxiety, health and wellness

4:45 – 5:30 Q & A

### **Saturday**

9:00 – 9:15 Q & A

9:15 – 10:30 Session 6 (Roger) Neuroplasticity – Creating a healthier self

10:30 – 10:45 Break

10:45 – 12:00 Session 7 (Melissa) IBS/FMS/ hypertension, healing theory and metaphors

12:00 – 1:15 Lunch

1:15 – 2:30 Session 8 (Roger) Autoimmune Disease

2:30 – 3:45 Session 9 (Melissa) Urinary Incontinence and pelvic floor dysfunction

3:45 – 4:00 Break

4:00 – 5:15 Session 10 (Roger) Cancer

5:15 – 5:30 Q & A

## **Sunday**

9:00 – 9:15 Q & A

9:15 – 10:30 Session 11 (Melissa) Insomnia

10:30 – 10:45 Break

10:45 – 12:00 Session 12 (Roger) Surgery, Injury and Recovery

12:00 – 1:15 Session 13 (Melissa) Dermatology

1:15 – 1:30 Q & A